

# August 2021














## GIAC Senior Program

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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3 Zoom Craft Group	4 You-Pick Blueberries at Grisamore Farms 	5 Fall Creek Brass Band 	6 O.D. von Engeln Preserve Walk 	7	
8	9	10 Zoom Craft Group	11 T-burg area Excursion: Falls Overlook, Ice Cream, & Farm Stand 	12	13	14	
15 Binghamton Baseball 	16 <i>Possible Bike Ride, check with Zack if interested</i>	17 Charter Bus to Turning Stone 	18	19 Zoom Meet this public servant: Travis Brooks	20 Zoom Movie discussion: <i>Nomadland</i>	21	
22	23	24 Zoom Craft Group	25	26 Southside shopping	27 Iced Tea & Poetry	28	
29 The Wailers at the Homer Center for the Arts 	30 <i>Possible Bike Ride, check with Zack if interested</i>	31 Zoom Craft Group  NYS Fair 	Sept 1 Birthday Lunch at Chili's 	 <p>Minimal walking, walker accessible</p> <p>Moderate leisure walking</p> <p>Long walks required</p> <p>At least one flight of stairs, no elevator</p>			 <p>United Way of Tompkins County Funded Partner</p>

See reverse side for program details. See the newsletter for information about Arts & Crafts group.



## News and Notes – August 2021 GIAC Senior Program



The summer rolls on and we continue to have a hybrid virtual/in-person programming. We will continue to monitor COVID developments; the Delta variant is causing some concerns nationally. Hopefully the situation will remain under control locally, but we may end up scaling back in-person events if it is deemed necessary. If you have not received your COVID vaccination yet, I recommend that you do...it is the best way for our nation to get past this crazy time.

Most of the dates are sufficiently explained on the calendar and newsletter, but there are a couple of things I would like to expand upon. On 8/15, I am excited for the baseball game...I need to know as soon as possible that you plan to attend so I can confirm our seats. The bike ride is up in the air, so let me know that you are interested, and I will let you know the details when they are figured out. On the charter bus trip to Turning Stone, we will observe proper COVID protocols and where masks on the bus. Because of scheduling problems, we'll skip breakfast this month and try to schedule the next one September.

- **Zoom Craft Group, Tuesdays at 12 noon.** A group has been getting together to talk crafts and just check in. Everyone is welcome. This link is for August 3<sup>rd</sup>, 10<sup>th</sup>, 24<sup>th</sup>, and 31<sup>st</sup>. Perhaps we can get together on the 17<sup>th</sup> too, for those who are not on the bus trip. Tony Serviente of the Glass Studios had to cancel his planned July appearance, so I hope to get him to join us one of the weeks in August; **to join:**

<https://us02web.zoom.us/j/278922636?pwd=QTRXTStaR1dBcVRDRFIocUoxMjdVUT09> , 1-929-436-2866 (for phone); Meeting ID: 278 922 636; Password: 007992

**Craft Group Virtual talk with artist Tony Serviente** (date to be determined, watch emails and social media for developments) – Serviente Glass Studios

has been creating and restoring vitreous beauty for close to 40 years. He repairs most things glass. He uses a kiln to make vases, sculpture, and lighting. (Everyone is welcome, use the above link; watch for the rescheduled time.)

- ***You-Pick Blueberries at Grisamore Farms, Wednesday, August 4*** – Off Rt. 90, between Locke & Genoa. U-pick strawberries, blueberries, cherries & various vegetables. The last time we were there, blueberries were \$3.49/ lb., I am sure that that's *about* the price this year. Don't forget a bucket.
- ***Fall Creek Brass Band at the Commons, Thursday, August 5, 6 pm*** – Live music is back on the Commons. This week's performers are one of Ithaca's favorites, the Fall Creek Brass Band. FCBB fuses the sound of New Orleans street music with funk, jazz, pop, and rock-and-roll. Voted best local band in the 2020 Ithaca Times Readers Poll, FCBB performs original tunes, New Orleans classics, and brassy arrangements of your favorite pop songs. With a sizable collective of trumpets, trombones, saxes, drums, and a big green sousaphone, the Fall Creek Brass Band always attracts a crowd and gets everybody's feet moving.
- ***O.D. von Engeln Preserve guided walk, Friday, August 6 at 10 am*** – Folks from the Cayuga Trails Club will lead us on a series of hikes during the next several months, this is the second... O.D. von Engeln Preserve. Commonly known as Malloryville Bog, The Nature Conservancy's O.D. von Engeln Preserve has more than a mile of eskers – ancient riverbeds that once ran through glaciers – winding through a pocket of forest adjacent to Fall Creek. Many distinct plant communities thrive on the preserve's bogs, swamps, marshes, and fens.
- ***Trumansburg Area Excursion: Taughannock Falls Overlook, Lunch/Ice Cream at Cayuga Creamery, & Brownie's Produce Market, Wednesday, August 11, 11 am to 2 pm*** – Here's a chance for a drive in the country with a visit to the top of Taughannock (no walking is necessary), then lunch and ice cream, ending up at a farm stand.
- ***Binghamton Rumble Ponies Baseball, Sunday, August 15 at 1 pm*** – The team, which plays in the Northeast League, is the Double-A affiliate of the New York Mets major-league club. As I write this, Binghamton is in fifth place in the

division. Regardless, it will be fun to spend an afternoon at the ballpark, and we have great box seats!

- **Group bike ride, Monday, August 16 or 30 at 11 am** (*I am waiting for word from IYB of if/when they will be open*) – We will meet at the Ithaca Youth Bureau. Bring your bike if you have one; recumbents, tricycles, and tandem and regular bicycles will also be available from the IYB and Bike Walk Tompkins. Come for a ride, please let me know that you are joining us so I can plan to have the right number of bikes and can make sure you know the right date to show up! *Don't forget your helmet, if you have one.*
- **Charter Bus to Turning Stone Casino, Tuesday, August 17, 8 am to 4 pm** – At long last, we will take a charter bus trip. We have not been to Turning Stone in the past (at least not since I have been with the program), so we will try a new destination. The casino will provide us with \$25 in freeplay and a \$5 meal voucher. The bus will not be at capacity and we ask you to wear a mask.
- **(ZOOM) Meet this public servant: GIAC Deputy Director Travis Brooks, Thursday, August 19 at 10 am** – Twenty-two years ago as the new Youth Program Coordinator at GIAC, Travis says his life found new meaning, responsibility, and awareness. Currently he works as Deputy Director, Director of My Brother's Keeper, and as a member of Ithaca's Municipal Drug Policy Committee. He played a key role in securing a grant that will enable Ithaca to employ progressive solutions to the problems of crime and addiction.  
<https://us02web.zoom.us/j/89413499807?pwd=b2tCZUFcY3hta2NXSkNQUTVUVmNIUT09> ; Meeting ID: 894 1349 9807, Passcode: GIAC2021
- **(ZOOM or in-person) Ice Tea & Poetry, Friday, August 27 at 10 am**– Grab a cup of your favorite beverage and enjoy listening to poems recited by members and guests. Please feel free to share a favorite poem or one that you wrote yourself. It is a friendly supportive atmosphere, so join the fun. To participate on a computer:  
<https://us02web.zoom.us/j/88952286120?pwd=TjBIQmtUY0gvVDI2NzVibkRjZEZHQT09> : Meeting ID: 889 5228 6120; Password: GIAC2021
- **(ZOOM) Movie discussion: "Nomadland", Friday, August 20 at 11 am** – A woman in her sixties who, after losing everything in the Great Recession,

embarks on a journey through the American West, living as a van-dwelling modern-day nomad. Our meeting:

<https://us02web.zoom.us/j/85854957659?pwd=cm41dW0zY3hDM0h6NjBOdW5ha3BXUT09>; Meeting ID: 858 5495 7659, Passcode: GIAC2021

- ***The Wailers at the Homer Center for the Arts, Tuesday, August 29, 8 pm*** – Not many bands can claim genuine legend status. The Wailers comfortably claim their place in essential music history. Their music was, and is, culture-defining: rebel hearts with brave souls embodying the spirit of 70s era-defining reggae. The band play a special set featuring incredible cuts from Bob Marley’s formidable back catalogue along with a string of their greatest, classic hits. *One World*, the album that marks the Wailers' return to the recording studios and the band’s first album for 25 years, was nominated for a 2021 Grammy® Award in the Best Reggae Album category. The essence of 70s rebellion, the true spirit of reggae performed by the people who helped forge the era-defining sound and by those raised under their tutelage. Living Legends, Reggae Royalty carrying the flame.
- ***New York State Fair, Tuesday, August 31*** – The Fair is back with many of the usual attractions and food. We’ll spend the day at the fair on your own, leaving after the **Oak Ridge Boys** performance at Chevy Court. Admission is free for seniors this year!
- ***Lunch at Chilis, Wednesday, September 1, 11:30 am*** – It’s September, but this is the Birthday Lunch for August.
- **Grocery Delivery** – Since the beginning of the pandemic, I have been facilitating the delivery of groceries to members’ homes. As of now, we are still providing the service. Interested participants should contact me. I will submit your order through the Walmart website and set the delivery time (usually within two days). There is a \$35 minimum order for any delivery, and you will be responsible for the delivery charge, \$8 is a good estimate. GIAC will bill you directly, there is no need for payment at the time of the delivery.

**Please do not hesitate to contact me for information and clarification, allow me to be a resource. Stay well! Zack**

**Wednesday, August 4<sup>th</sup>, 11 am You-Pick Blueberries at Grisamore's Farm**

This should be peak blueberry time! Blueberries are available as a u-pick fruit (\$3.49/ lb). Don't forget a bucket. We'll stop to eat lunch at Momo's in Lansing.

**Thursday, August 5<sup>th</sup>, 6 pm Fall Creek Brass Band at the Commons**

The Summer Downtown Concert series has returned to the Commons (free).

**Friday, August 6<sup>th</sup>, 10 am O.D. von Engeln Preserve walk**

We'll continue to have a guided hike this month with a walk through this interesting preserve (see newsletter) in Freeville. We'll stop for lunch afterward.

**Wednesday, August 11<sup>th</sup>, 11 am-2 pm Trumansburg Area Excursion**

We'll start with a visit to the Taughannock Falls Overlook, then drive up to Cayuga Lake Creamery for a bite to eat, and finish up at Brownie's Produce Market.

**Sunday, August 15<sup>th</sup>, 11 am-4 pm Binghamton Rumble Ponies Baseball Game**

We've got box seats for a Sunday afternoon game in Binghamton (playing against Hartford). Join us for the game, tickets are **\$10, due 8/12**.

**Monday, August 16<sup>th</sup> or 30<sup>th</sup>, 11 am Group bike ride, Ithaca Youth Bureau**

Let's ride at Steward Park. Please let me know in advance that you plan to attend. *The trip is not confirmed yet! Check in with me before attending.*

**Tuesday, August 17<sup>th</sup>, 8 am-6 pm Charter bus to Turning Stone Casino**

After a long time, we have a chartered bus trip for a visit to the Turning Stone Casino. We will be given \$25 in freeplay (plus \$5 meal voucher). We'll arrive in late morning and come home midafternoon. Cost to attend is **\$10, due 8/12**. *Bring your ID, space limited.*

**Thursday, August 19<sup>th</sup>, 10 am Meet this public servant: GIAC Deputy Director Travis Brooks**

Join us to hear about Travis's work with the city: 894 1349 9807, Passcode: GIAC2021

**Friday, August 20<sup>th</sup>, 11 am Movie discussion: "Nomadland"**

YouTube (and other streaming services) have *Nomadland* available to rent for \$6. We'll get together to chat about our responses to the film. Check out the newsletter for details: Meeting ID: 858 5495 7659, Passcode: GIAC2021

**Thursday, August 26<sup>th</sup>, 11 am-1 pm Southside Shopping**

Shopping (your choice where) on the southside of town, call to get a pick-up.

**Friday, August 27<sup>th</sup>, 10 am Iced Tea & Poetry**

Join us to share both original and favorite poems and writings. Francine has invited those that want to visit in person to her home. It's a friendly supportive atmosphere, everyone is welcome: Meeting ID: 889 5228 6120, Passcode: GIAC2021

**Sunday, August 29<sup>th</sup>, 8 pm The Wailers at the Homer Center for the Arts**

See the group that backed legend Bob Marley in this intimate venue, **\$25, due 8/17**.

**Tuesday, August 31<sup>st</sup>, 9 am-4 pm New York State Fair in Syracuse**

We'll spend the day; Oak Ridge Boys will be playing. **Free**.

**Wednesday, September 1<sup>st</sup>, 11:30 am Lunch at Chili's**

The lunch will be indoors. Sandwiches start at \$10, pay for your own.